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## A DIRECT ASSAY FOR LIVER PHENYLALANINE HYDROXYLASE

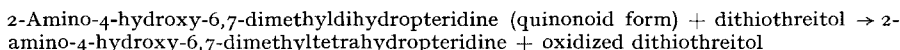
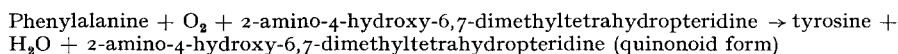
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## SUMMARY

1. An assay for liver phenylalanine hydroxylase (L-phenylalanine, tetrahydropteridine:O<sub>2</sub> oxidoreductase (4-hydroxylating), EC 1.14.3.1) based on the non-enzymatic regeneration of 2-amino-4-hydroxy-6,7-dimethyltetrahydropteridine from 2-amino-4-hydroxy-6,7-dimethyldihydropteridine (quinonoid form) by dithiothreitol is described.



Dithiothreitol not only regenerates the tetrahydropteridine from dihydropteridine but it also effectively destroys peroxide formed during the aerobic oxidation of the tetrahydropteridine.

2. The apparent  $K_m$  values for each of the substrates were: 1.12 mM phenylalanine; 0.31 atm O<sub>2</sub>, 67  $\mu\text{M}$  2-amino-4-hydroxy-6,7-dimethyltetrahydropteridine.

## INTRODUCTION

Much progress in elucidating the mechanism of the enzymatic hydroxylation of phenylalanine to tyrosine has been made since MITOMA<sup>1</sup> showed this process to require two enzymes and DPN<sup>+</sup>. Subsequently, the decisive work of KAUFMAN<sup>2-4</sup> not only identified the enzymes as dihydropteridine reductase and phenylalanine hydroxylase (L-phenylalanine, tetrahydropteridine:O<sub>2</sub> oxidoreductase (4-hydroxylating), EC 1.14.3.1) but also demonstrated the role of unconjugated pteridines in the conversion of phenylalanine to tyrosine. These studies of KAUFMAN<sup>2-4</sup> defined for the first time a metabolic role for unconjugated pteridines which previously were known as naturally occurring growth factors for protozoa<sup>5-7</sup>. Recently, GUROFF *et al.*<sup>8</sup> have presented strongly suggestive evidence that several enzymatic hydroxylations including that of

Abbreviations: Pt, 2-amino-4-hydroxy-6,7-dimethylpteridine; 7,8-H<sub>2</sub>Pt, 2-amino-4-hydroxy-6,7-dimethyldihydropteridine; H<sub>4</sub>Pt, 2-amino-4-hydroxy-6,7-dimethyltetrahydropteridine; DCIP, 2,6-dichlorophenolindophenol.

phenylalanine occur by mechanisms involving enzyme-bound  $\text{OH}^+$  as the direct hydroxylating agent. Recently STORM AND KAUFMAN<sup>9</sup> have suggested that oxygen is reduced to peroxide prior to hydroxylation and that all three substrates are bound to the enzyme before release of any of the products.

Nevertheless, the study of the enzymatic hydroxylation of phenylalanine has been hampered by the lack of an assay which measures the hydroxylase unambiguously in the absence of dihydropteridine reductase and a TPNH-generating system. This paper describes such an assay, based on the observation of KAUFMAN<sup>10</sup> that certain reductants can rapidly reduce 2-amino-4-hydroxy-6,7-dimethyldihydropteridine (7,8- $\text{H}_2\text{Pt}$ ) formed during the reaction to 2-amino-4-hydroxy-6,7-dimethyltetrahydropteridine ( $\text{H}_4\text{Pt}$ ), and some of the properties of the enzyme.

#### EXPERIMENTAL PROCEDURE

##### *Materials*

Phenylalanine hydroxylase was prepared from rat liver through the second  $(\text{NH}_4)_2\text{SO}_4$  step of the procedure of KAUFMAN<sup>11</sup>. None of the preparations used destroyed tyrosine.  $\text{H}_4\text{Pt}$ , prepared by catalytic hydrogenation<sup>12</sup> from recrystallized<sup>13</sup> 2-amino-4-hydroxy-6,7-dimethylpteridine (Pt) (Aldrich), was divided into separate portions which were stored in separate tubes at  $-15^\circ$  (ref. 14). The reduction was always quantitative as determined by titration with 2,6-dichlorophenolindophenol (DCIP)<sup>15</sup> standardized with ascorbic acid. The reduction product chromatographed\* as a single component on silica gel G (Brinkmann) developed by 0.05 M potassium phosphate (pH 6.8) under 100% nitrogen. The chromatographed product was visualized fluorometrically and by decolorizing DCIP. 7,8- $\text{H}_2\text{Pt}$ , prepared from  $\text{H}_4\text{Pt}$  by aerobic oxidation in 0.1 M potassium phosphate (pH 6.8) had the same spectra in acid and alkali as a similar preparation described by KAUFMAN<sup>15</sup>. Phenylalanine, tyrosine, DPNH, cysteine, and GSH were obtained from Sigma. Dithiothreitol, dithioerythritol, and 2-mercaptoethylamine were products of Calbiochem. D-Araboascorbic acid was purchased from Matheson, Coleman and Bell. Protein was measured by the biuret test with bovine serum albumin (Sigma) as standard<sup>16</sup>.

##### *Assay for phenylalanine hydroxylase*

The standard system (1.0 ml) contained (in  $\mu\text{moles}$ ): Tris-HCl (pH 7.2), 100; freshly prepared dithiothreitol, 10;  $\text{H}_4\text{Pt}$ , 0.4; L-phenylalanine, 2; and enzyme. Acidic or basic solutions were neutralized with KOH or HCl before they were added to the system. The complete system except  $\text{H}_4\text{Pt}$  was incubated for 5 min at  $25^\circ$ .  $\text{H}_4\text{Pt}$  was then added and, unless otherwise indicated, the system was incubated for 20 min at  $25^\circ$  with shaking in air. The reaction was stopped by the addition of 2 ml 12% trichloroacetic acid. Tyrosine in 2-ml aliquots of the deproteinized solution was estimated colorimetrically<sup>17</sup> or fluorometrically<sup>18</sup>. Occasionally the reaction was initiated with phenylalanine instead of  $\text{H}_4\text{Pt}$ .

##### *Processing of kinetic data*

Double reciprocal plots of substrate concentrations against initial velocities

\* T. A. LLOYD, personal communication.

(formation of tyrosine during a 20-min period) were made. Any point obviously in error was discarded. The kinetic constants were then calculated from the remaining data by a digital computer with the program of CLELAND<sup>19</sup>.

## RESULTS

### *Effect of varying enzyme concentration and time on the reaction*

The data in Fig. 1a show that the rate of formation of tyrosine is directly proportional to the amount of enzyme added over a 40-fold range in protein concentration. The formation of tyrosine is also linear with time for 30 min at a single enzyme level (Fig. 1b). However, if the reaction is begun by the addition of enzyme rather than  $H_4Pt$ , the rate of formation of tyrosine is still linear with time but occasionally the extrapolated line intersects the ordinate above the origin. These results are likely due to inhibition of the enzyme by sulfhydryl compounds<sup>11</sup>.

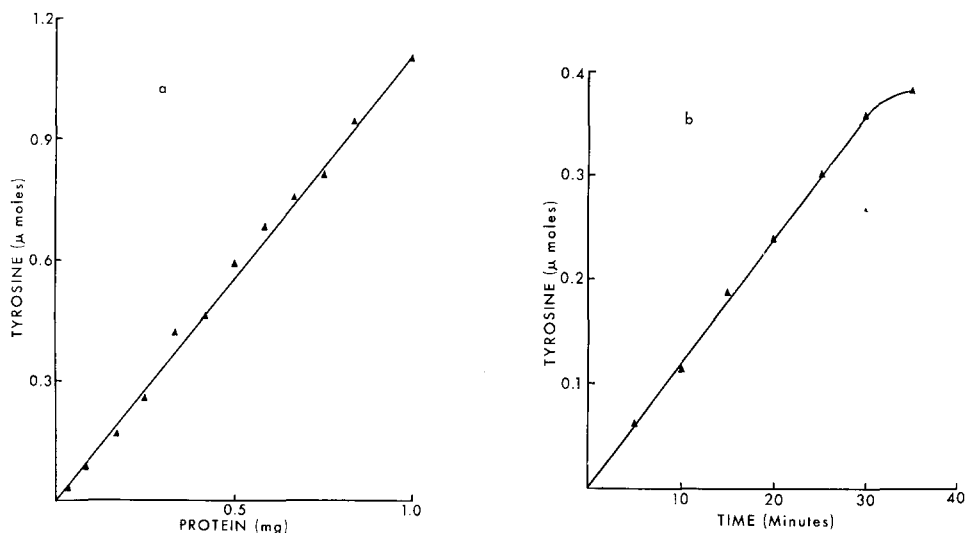


Fig. 1. The influence of enzyme concentration and time on the reaction. a. The indicated concentrations of protein were incubated for 20 min in the system described under EXPERIMENTAL PROCEDURE. b. 0.12 mg of protein was incubated for the indicated times.

### *Specificity of reducing agent*

The ability of various reductants to replace dithiothreitol in the incubation system is shown in Table I. All sulfhydryl compounds examined and DPNH stimulated the reaction; ascorbate was without effect and ferrous sulfate was inhibitory. Dithioerythritol, dithiothreitol, and GSH produced the greatest stimulations. However, GSH as well as the other monothiols interfered with colorimetric estimation of tyrosine<sup>17</sup>. The amount of color produced by these compounds in zero-time controls in the nitrosonaphthol test varied somewhat from one experiment to another. Typical results are given in Table I. On the other hand, the two dithiols tested not only were most effective in stimulating the reaction, but they consistently did not interfere with the determination of tyrosine.

TABLE I

## SPECIFICITY FOR REDUCING AGENT

The system used was that described under EXPERIMENTAL PROCEDURE with 0.34 mg of the second  $(\text{NH}_4)_2\text{SO}_4$  fraction and with the indicated replacements for dithiothreitol.

Addition	Amount ( $\mu\text{moles}$ )	Tyrosine* (nmoles)	
		At zero time	After 20-min incubation
None		8	64
L-Ascorbate	10	22	58
D-Araboascorbate	10	9	68
GSH	10	192	660
Cysteine	10	132	475
Mercaptoethylamine	10	27	205
Mercaptoethanol	10	55	143
Thioglycolate	10	16	272
Dithioerythritol	5	0	672
Dithiothreitol	5	5	662
$\text{FeSO}_4$	2	6	21
DPNH	4	30	151

\* The apparent amount of tyrosine measured colorimetrically.

*The effect of varying pH on the reaction*

The rate of the reaction (Fig. 2) increases as the pH is raised from 6.0 to 7.2 and falls as the pH is increased beyond 7.2. The observation that the velocities of the reactions in Tris and phosphate buffers at pH 7.2 are the same indicates that the chemical reduction of the quinonoid form of 7,8- $\text{H}_2\text{Pt}$  formed during the reaction is much faster than the phosphate-catalyzed isomerization of the quinonoid form of

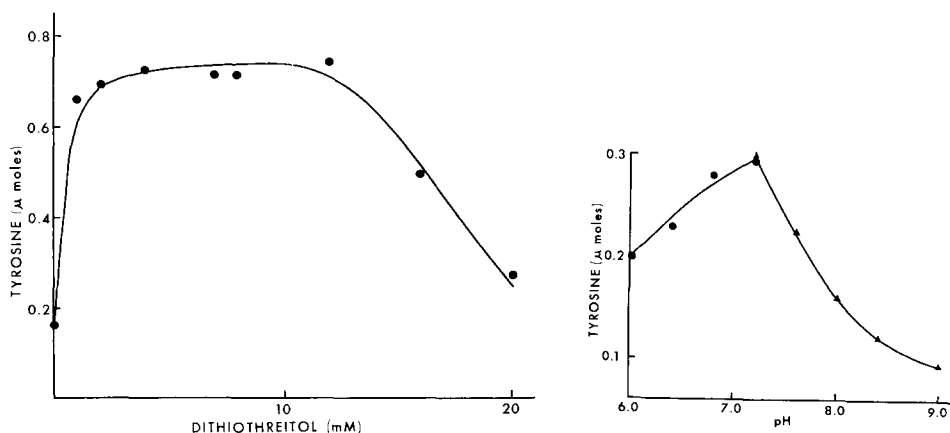


Fig. 2. Effect of varying pH on the activity of phenylalanine hydroxylase. The system used was that described under EXPERIMENTAL PROCEDURE with 0.17 mg of protein and with the buffers indicated. ●, in 0.1 M potassium phosphate; ▲, in 0.1 M Tris-HCl.

Fig. 3. The effect of various concentrations of dithiothreitol on the reaction. The system used is that described under EXPERIMENTAL PROCEDURE except that the concentration of dithiothreitol was varied as indicated; 0.33 mg of protein was used.

7,8-H<sub>2</sub>Pt to 7,8-H<sub>2</sub>Pt (ref. 20). Dithiothreitol does not reduce 7,8-H<sub>2</sub>Pt to H<sub>4</sub>Pt (see below).

*The influence of O<sub>2</sub> tension on the reaction*

The velocity of the reaction increases with increasing O<sub>2</sub> tensions from 0.042 to 1.00 atm. Double reciprocal plots were linear over the range tested; the apparent  $K_m$  for O<sub>2</sub> is  $0.31 \pm 0.02$  atm\* and the  $v_{\max} = 1.50 \pm 0.04$   $\mu$ moles tyrosine per 20 min per 0.15 mg protein. It was necessary to initiate the reaction in this experiment with phenylalanine rather than H<sub>4</sub>Pt, since 1 atm O<sub>2</sub> destroyed H<sub>4</sub>Pt without dithiothreitol in the side arm of the Warburg vessel during the equilibration period.

*The effect of various concentrations of phenylalanine on the reaction*

Double reciprocal plots of the effect of varying the concentration of phenylalanine from 0.1 to 8.0 mM are linear; the apparent  $K_m$  of phenylalanine is  $1.12 \pm 0.05$  mM and the  $v_{\max} = 209 \pm 5$  nmoles tyrosine per 20 min per 46  $\mu$ g protein.

*The influence of varying the concentration of dithiothreitol on the reaction*

The rate of the reaction increases with increasing concentrations of dithiothreitol to about 2 mM (Fig. 3). The velocity of the reaction does not change as the concentration of dithiothreitol is raised from 2 to 12 mM, but concentrations above 12 mM are distinctly inhibitory.

*The influence of the concentration of H<sub>4</sub>Pt on the reaction at three concentrations of dithiothreitol*

In determining the apparent  $K_m$  of H<sub>4</sub>Pt, it is essential to eliminate the possibility that the rate of the chemical reduction of 7,8-H<sub>2</sub>Pt by dithiothreitol influences the observed constant. If the enzymatic reaction is rate-limiting at a given concentration of dithiothreitol, the apparent  $K_m$  should not be affected by the faster rate of reduction of 7,8-H<sub>2</sub>Pt to H<sub>4</sub>Pt at a higher concentration of dithiothreitol. Analysis of the computer-fitted kinetic constants for the data in Fig. 4 by the "Students"  $t$  test reveals no significant difference between the effects of different concentrations of H<sub>4</sub>Pt at 2.5, 5, and 10 mM dithiothreitol. Thus, changing the concentration of dithiothreitol in this range has no noticeable effect on either  $v_{\max}$  or the apparent  $K_m$  ( $67 \pm 4$   $\mu$ M) for H<sub>4</sub>Pt. Therefore, the rate of regeneration of H<sub>4</sub>Pt from 7,8-H<sub>2</sub>Pt is faster at these three concentrations of dithiothreitol than the enzymatic hydroxylation and the observed apparent  $K_m$  for H<sub>4</sub>Pt is independent of the rate of the nonenzymatic regeneration of H<sub>4</sub>Pt.

*The effect of 7,8-H<sub>2</sub>Pt on the reaction*

Since the quinonoid form of 7,8-H<sub>2</sub>Pt produced during the reaction readily isomerizes to 7,8-H<sub>2</sub>Pt (refs. 20, 21), dithiothreitol could reduce either or both of these isomers. Unfortunately, the quinonoid form is too unstable for quantitative experiments. However, the data in Table II shows that dithiothreitol does not reduce 7,8-H<sub>2</sub>Pt to H<sub>4</sub>Pt, since the addition of dithiothreitol and 7,8-H<sub>2</sub>Pt to a system which is active in the presence of H<sub>4</sub>Pt and dithiothreitol does not lead to the formation of tyrosine. A double reciprocal plot of [H<sub>4</sub>Pt] vs. the velocity of the reaction at three

\* 1 atm is 627.51 mm Hg in Denver.

TABLE II

THE FAILURE OF DITHIOTHREITOL TO REDUCE 7,8- $H_2$ Pt

The system used is that described under EXPERIMENTAL PROCEDURE with 0.30 mg protein, 250  $\mu$ moles potassium phosphate (pH 6.8), and the indicated pteridines.

Pteridines added ( $\mu$ moles)		Tyrosine formed (nmoles)
7,8- $H_2$ Pt $H_4$ Pt		
—	0.2	310
1.0	—	I
1.0	0.2	267
2.0	—	I
2.0	0.2	219

concentrations of 7,8- $H_2$ Pt is shown in Fig. 5. The secondary replot of the slopes *vs.* the inhibitor concentration is linear showing 7,8- $H_2$ Pt to be a linear competitive inhibitor ( $K_i = 0.35$  mM) with respect to  $H_4$ Pt.

*Effect of catalase on the rate of the reaction at different concentrations of  $H_4$ Pt in the absence of dithiothreitol*

The time course of the reaction in the absence of dithiothreitol at three different concentrations of  $H_4$ Pt was followed in an effort to learn why relatively little tyrosine is formed in the absence of a  $H_4$ Pt-regenerating system (Table I). The data in Fig. 6a show that under these conditions the rate of tyrosine formation progressively falls and that there is an inverse relationship between tyrosine formation and the initial

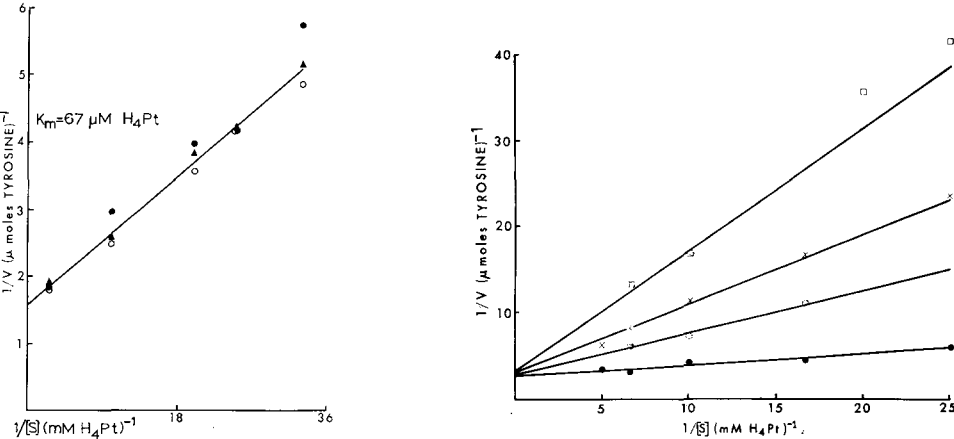


Fig. 4. Double reciprocal plots of the effect of various concentrations of  $H_4$ Pt on the reaction at three concentrations of dithiothreitol. The system used is that described under EXPERIMENTAL PROCEDURE except that the concentrations of  $H_4$ Pt and dithiothreitol were as indicated. ●, 2.5 mM dithiothreitol; ▲, 5 mM dithiothreitol; ○, 10 mM dithiothreitol.

Fig. 5. Lineweaver-Burk plots for  $H_4$ Pt at three concentrations of 7,8- $H_2$ Pt. The system used is described under EXPERIMENTAL PROCEDURE with 0.17 mg protein in the absence of 7,8- $H_2$ Pt (●), at 1 mM 7,8- $H_2$ Pt (○), at 2 mM 7,8- $H_2$ Pt (×), at 4 mM 7,8- $H_2$ Pt (□). The vertical intercepts (in  $\mu$ moles tyrosine $^{-1}$ ) for the computer-derived lines are in order of increasing concentrations of 7,8- $H_2$ Pt:  $2.54 \pm 0.15$ ,  $2.72 \pm 0.45$ ,  $2.94 \pm 0.38$ ,  $3.14 \pm 1.48$ . The calculated  $K_i$  for 7,8- $H_2$ Pt =  $0.35 \pm 0.03$  mM.

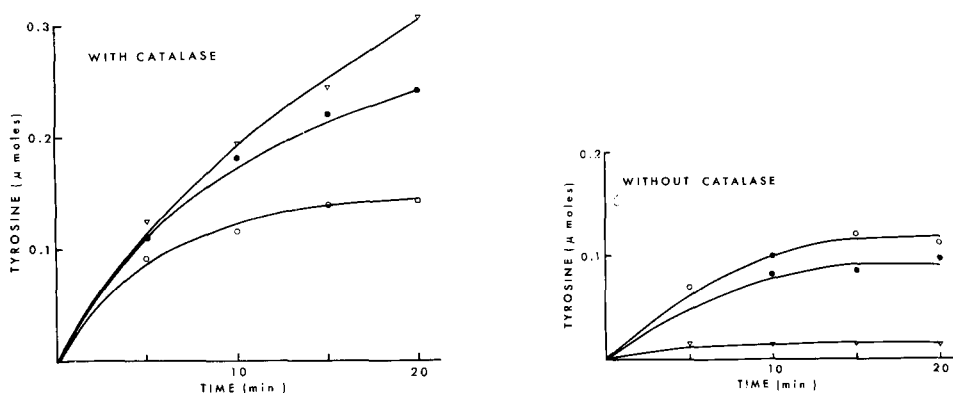


Fig. 6. The effect of catalase on the reaction at various concentrations of  $H_4Pt$  in the absence of dithiothreitol. The system used was that described in the text except that dithiothreitol was omitted, the indicated amounts of  $H_4Pt$  were added, and the incubation was run for the indicated times. 0.27 mg protein was added.  $\circ-\circ$ , 0.2 mM  $H_4Pt$ ;  $\bullet-\bullet$ , 0.4 mM  $H_4Pt$ ;  $\triangle-\triangle$ , 1.0 mM  $H_4Pt$ . Catalase, 0.2 mg, was added where indicated.

concentration of  $H_4Pt$ . The decreases in velocities cannot be attributed entirely to depletion of  $H_4Pt$  since increasing the concentration of  $H_4Pt$  actually inhibits tyrosine formation. Depression of tyrosine formation must be due in part to a compound produced from  $H_4Pt$  which is removed by dithiothreitol, since Fig. 3 shows that in the presence of dithiothreitol, concentrations of less than 2 mM  $H_4Pt$  are not inhibitory. Since it is known that  $H_4Pt$  is aerobically oxidized to 7,8- $H_2Pt$  and  $H_2O_2$  (ref. 20), the time course of the reaction was followed at various concentrations of  $H_4Pt$  in the presence of catalase. The rate of formation of tyrosine is faster when catalase is added than when it is omitted (Fig. 6). Of greater significance is the observation that the rate of the reaction with catalase increases as the concentration of  $H_4Pt$  is raised. Thus peroxide formed from  $H_4Pt$  in the absence of catalase is causing the inverse relationship between the concentration of  $H_4Pt$  and reaction rate. The fall in rate of tyrosine formation with time in the presence of catalase appears to be due primarily to depletion of  $H_4Pt$ . KAUFMAN<sup>2</sup> previously described the protection of  $H_4Pt$  by catalase.

## DISCUSSION

This paper describes an assay system for phenylalanine hydroxylase based on the chemical rather than the enzymatic regeneration of  $H_4Pt$  from the quinonoid form of 7,8- $H_2Pt$ . Dithiothreitol and dithioerythritol were the most effective reducing agents in stimulating the reaction as well as the only sulfhydryl compounds which did not interfere with the colorimetric determination of tyrosine. The chemical reduction of 7,8- $H_2Pt$  by three different concentrations of dithiothreitol does not appear to be rate-limiting even at the lowest level of  $H_4Pt$ , since the apparent  $K_m$ 's for  $H_4Pt$  at these three concentrations of dithiothreitol are not significantly different. However, the rates of the enzymatic reaction measured in this system are those of a slightly inhibited enzyme, since 10 mM dithiothreitol depresses the activity of the hydroxylase in the system of KAUFMAN<sup>11</sup> about 10% (C. BUBLITZ, unpublished observation). Nevertheless,

these compounds are distinctly less inhibitory than 2,3-dimercaptopropanol<sup>11</sup>. Dithiothreitol also appears to protect the enzyme from peroxide formed during the aerobic oxidation of H<sub>4</sub>Pt, since the velocity of the reaction in the absence of dithiothreitol is inversely related to the concentration of H<sub>4</sub>Pt. However, there is a direct relation between the reaction rate and the concentration of H<sub>4</sub>Pt if catalase is added. KAUFMAN<sup>2</sup> has found that catalase protects H<sub>4</sub>Pt from aerobic oxidation.

Michaelis-Menten kinetics are followed by varying the concentrations of all three substrates at low concentrations. When assayed under the present conditions, none of the substrates inhibited the reaction.

#### ACKNOWLEDGMENTS

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